

The College of Arts and Humanities
Office of Student Affairs
Academic Incentive Plan (AIP) Self-Assessment

Purpose: This assessment is an opportunity for you to reflect on your experiences and to start thinking about ways to improve your academic performance. This assessment asks both academic and non-academic questions, because often students suffer academically for non-academic reasons.

Directions: As you complete this assessment, keep in mind it was designed to help you to find the causes of your academic probation and/or dismissal, and enable you and your academic advisor to develop a plan to help you return to good academic standing. With that in mind, if you feel uncomfortable responding to any of these questions, you do not have to answer them. However, try to be as open and honest as possible.

Responses to the questions in this survey will remain between you and your academic advisor, and a copy will be stored indefinitely in your ARHU student file. If this data is used to help ARHU better serve students in general, your name will be kept private.

Full Name:	Major(s):
Departmental/Major Advisor's Name:	Date:

1. Check the following that apply to you:

<input type="checkbox"/> External Transfer (transferred to UMD from another college or university)	<input type="checkbox"/> College Park Scholars (currently or formerly participated in this program)	<input type="checkbox"/> First Generation College Student
<input type="checkbox"/> Internal Transfer (started my studies at UMD in a major/department outside of ARHU)	<input type="checkbox"/> Honors College-HDCC, HHUM, HEIP, ACES, University Honors, Gemstone (currently or formerly participated one of these programs)	<input type="checkbox"/> Reinstatement Student (took a break from UMD for a semester or more and needed to apply to return to UMD)
<input type="checkbox"/> Freshmen Connection (entered UMD in the Freshmen Connection Program)	<input type="checkbox"/> ROTC (currently or formerly participated in this program)	<input type="checkbox"/> None Apply
<input type="checkbox"/> Academic Achievement Program (currently or formerly participated in this program)	<input type="checkbox"/> Current UMD Athlete	
<input type="checkbox"/> STEP Program (currently or formerly participated in this program)	<input type="checkbox"/> Former UMD Athlete	

Complete each of the following statements by circling the option that best describes your actions the last semester you completed at UMD.

2. I go to professors' office hours and/or seek help from my professor or Teaching Assistants (TAs)

Often Occasionally Never

3. Last semester I met with my academic advisor
- Once Twice Three or more times**
4. Per week, I work a full or part-time job
- No job Less than 10 hrs 10-20 hrs 20-30 hrs 30-40hrs 40+hrs**
5. On a daily basis, I watch TV or play video games
- More than 4 hrs 2-4 hrs 1-2 hrs Less than 1 hr**
6. On a daily basis, I talk on the phone, text message and/or use the computer/tablet/smartphone recreationally
- More than 4 hrs 2-4 hrs 1-2 hrs Less than 1 hr**
7. Per week, I'm involved in student activities (academic and/or social)
- More than 6 hrs 4-6 hrs 2-4 hrs Less than 2 hrs I'm not involved in any student activities**
8. On average, per day, I exercise
- More than 2 hrs 1-2 hrs Less than 1 hr Less than a half hour**
9. I feel overwhelmed
- Often Occasionally Never**
10. I feel lonely or isolated
- Often Occasionally Never**

Please answer the following questions.

11. If you commute, how much time do you spend traveling per day round trip?
- More than 2 hrs 1-2 hrs Less than 1 hr Less than a half hour I do not commute**

12. Do you have scholarship(s) that depend on your obtaining/maintaining a certain GPA?
- Yes No**

13. Agree or disagree with the following statement.

I know at least one individual on campus (advisor, counselor, mentor, professor, coach, etc.) I can go to for help.

Agree Disagree

14. Check all the following factors you believe contributed to your current probation status:

<input type="checkbox"/> Test-taking	<input type="checkbox"/> Housing/Roommate Problems/Issues	<input type="checkbox"/> Socializing with Friends
<input type="checkbox"/> Transition to College-Level Coursework	<input type="checkbox"/> Homesickness	<input type="checkbox"/> Involvement in Fraternity/Sorority Life
<input type="checkbox"/> Learning Issues/Disability	<input type="checkbox"/> Financial Problems	<input type="checkbox"/> Leadership Role in Club(s)/Organization(s)
<input type="checkbox"/> Coursework Too Difficult	<input type="checkbox"/> Physical Disability	<input type="checkbox"/> Co-Curricular Activities (Clubs/Organizations)
<input type="checkbox"/> Classes Too Large	<input type="checkbox"/> Alcohol and/or Substance Abuse	<input type="checkbox"/> Too Much Time on Cell Phone
<input type="checkbox"/> Classes Too Small	<input type="checkbox"/> Full or Part-Time Job	<input type="checkbox"/> Too Much Time on Computer/tablet, TV, and/or Video Games
<input type="checkbox"/> Problems with Instructor/TA	<input type="checkbox"/> Family Issues/Concerns	<input type="checkbox"/> Other (please explain):
<input type="checkbox"/> Reading Skills	<input type="checkbox"/> Inability to Concentrate	
<input type="checkbox"/> Inadequate Preparation	<input type="checkbox"/> Procrastination	
<input type="checkbox"/> Course Overload/Too Many Credits	<input type="checkbox"/> Illness or Injury	
<input type="checkbox"/> Poor Study Skills	<input type="checkbox"/> Personal Relationship(s)	
<input type="checkbox"/> Writing Skills	<input type="checkbox"/> Lack of Motivation	
<input type="checkbox"/> Course Selection	<input type="checkbox"/> Loneliness	
<input type="checkbox"/> Poor Study Environment	<input type="checkbox"/> Depression	
<input type="checkbox"/> Missed Too Many Classes	<input type="checkbox"/> Unclear Major/Career Goals	
<input type="checkbox"/> Academic Decisions	<input type="checkbox"/> Time Management	
<input type="checkbox"/> Stress	<input type="checkbox"/> Reluctance to Seek Assistance	

15. Check all the following resources you used in the last semester:

<input type="checkbox"/> Professor and/or TA	<input type="checkbox"/> ARHU Academic Advising	<input type="checkbox"/> Learning Assistance Services (LAS)
<input type="checkbox"/> Departmental/Major Academic Advising	<input type="checkbox"/> Disability Support Service (DSS)	<input type="checkbox"/> Counseling Center
<input type="checkbox"/> The Writing Center	<input type="checkbox"/> University Health Center	<input type="checkbox"/> The Center for Health and Wellbeing
<input type="checkbox"/> Office of Multicultural Student Education (OMSE)	<input type="checkbox"/> Office of Student Financial Aid	<input type="checkbox"/> Math Success Program
<input type="checkbox"/> University Career Center/Career Center @ ARHU	<input type="checkbox"/> Tutor	<input type="checkbox"/> None Apply
<input type="checkbox"/> Your Resident/Community Assistant and/or Resident Director	<input type="checkbox"/> Mentor	

16. Describe one class assignment in which you were successful last semester. Why?

17. Describe one assignment in which you did poorly. Why do *YOU* think this occurred? What could you have done differently?

18. Check all the following areas with which you struggle:

<input type="checkbox"/> Concentration	<input type="checkbox"/> Exam/Test-Taking
<input type="checkbox"/> Homework/Project Completion	<input type="checkbox"/> Listening
<input type="checkbox"/> Note-Taking	<input type="checkbox"/> Reading
<input type="checkbox"/> Time Scheduling	<input type="checkbox"/> Utilizing Resources/Seeking Help
<input type="checkbox"/> Writing Skills	

19. Additional thoughts and reflections on your probation status.

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